



2010 Summer Soccer Camps



Technical Director: Shaun Flanagan

SOCCER CAMPS

Players and coaches from Kelowna United will provide a safe and fun-filled environment where children can learn new skills. Under the supervision of a high level coaching staff, children will work on fast footwork exercises to improve balance, agility and co-ordination. The basic skills of soccer which include kicking, control, ball handling and goalkeeping will be introduced through a series of individual drills and each day will end off with small-sided games.

Camp	Location	Age	Time	Date	Code
1	Mission 68	7-8	9:30-11	July 12-16	201001
2	Mission 71	9-16	9:30-11	July 12-16	201002
3	Mission 68	7-8	9:30-11	July 19-23	201003
4	Mission 71	9-16	9:30-11	July 19-23	201004
5	Parkinson 10	7-8	9:30-11	Aug 9-13	201005
6	Parkinson 10	9-16	9:30-11	Aug 9-13	201006
7	Parkinson 10	7-8	9:30-11	Aug 16-20	201007
8	Parkinson 10	9-16	9:30-11	Aug 16-20	201008

These Camps are \$99.00 and include a T-shirt.

GOALKEEPING CAMPS

BC Provincial Team Goalkeeper Coach, Luca Dalla Pace, has developed a curriculum that is sure to take participants to the next level. The program covers: Stretching and ball handling exercises, footwork and balance, receiving balls, diving, reaction drills, breakaways, crosses, distribution, positional play and field management.

Camp	Location	Age	Time	Date	Code
11	Parkinson 14	8-11	9:00-10	Aug 23-27	201011
12	Parkinson 14	12-13	10:00-11	Aug 23-27	201012
13	Parkinson 14	14+	11:00-12	Aug 23-27	201013

These Camps are \$110.00 and include a T-shirt.

BC SOCCER DDC HIGH PERFORMANCE CAMPS

Offered by Kelowna United DDC and BC Soccer, this camp will focus on further developing both technical and tactical skills for players. Participants will learn what their roles and responsibilities are when their team has the ball, when the opposition has the ball and when the ball is in transition. These three phases will be covered as well as scenario work. Possession soccer is stressed, with players encouraged to think about what they do with and without the ball. Sessions will promote quick decision-making, speed of reaction and the sharpening of the players' game sense. High level coaching will result in participants playing better, harder and smarter. BC Soccer Provincial Team Coaches will be instructing for the final 3 days of this DDC camp. This is a "don't miss" camp for players looking for the skills necessary to play at a higher level, attract scholarships and other opportunities in soccer.

Camp	Location	Age	Time	Date	Code
9	Parkinson 10	10-16	9:30-11:30	Aug 23-27	201009
10	Parkinson 10	10-16	1-3pm	Aug 23-27	201010

- Camp 9 is open to all players.
- Camp 10 is open to existing Select or higher players only.

These Camps are \$140.00 and include a T-shirt.

Kelowna United Football Club

Register online at:

www.kelownaunited.com

and click on the 'Camps' tab.

For more information email:

admin@kelownaunited.com

Don't delay. Limited space available.

Register your child today!